

1. Meeting to order: 7:00 p.m.
  - a. Kathryn moves to accept agenda
2. Principal Updates
  - a. Last meeting we talked about Cob's Bread Program. Carol looked at the A.P. regarding Nutrition in Schools and found that Cob's bread was found in the "Sometimes" category as opposed to the "Most Often" category because of the breakdown of the ingredients found in Cob's Bread. When looking at bread, there are recommendations based on sugars, calories, sodium and fibre. Cob's bread doesn't match "Most Often" category when it comes to sodium and fibre. The recommended amount of sodium in a slice of bread is 32 g and Cob's bread has a range of 160-220 g. The recommended amount of fibre in a slice of bread is 2 g and most Cob's breads have just 1. When it comes to the treats, if cut in ½, sugars are still not a problem, but the sodium and fibre were still not in the "Most Often" category.
    - i. Currently doing Cob's 1 time every 2 weeks with treats only once a month. They are wanting to allow Cob's once a week because they are throwing out bread and if they don't utilize it, they can give it to another group to benefit. Put it to a vote and everyone agreed to keep Cob's going and to move to 1 time a week.
    - ii. Carol met with parent Jocelyn about a healthy snack once a week instead of a breakfast club. They are in contact with Freson Bros to donate this snack. Will be in newsletter that we will start with a snack once a week, but not sure if it'll be the same day as Cob's.
  - b. School Education Plan
    - i. See full plan on website.
    - ii. We went over section 2 mainly.
    - iii. School needs our help to get the word out about the survey on the website so they can continue to work on Goal 3.
  - c. Playground
    - i. There are bolts coming out-playground people came on Monday and they've tightened some.
    - ii. Drums-were put too far away from the pour-in-play and they will rectify it, but it's a big job with the concrete footings under the sand. Playground will be closed for a few days, and it might not happen until Spring.
    - iii. They need to try and keep sand off the pour-in-play so they need to use a leaf blower once a week to do so.
3. Trustee update
  - a. Nov 26 at SPS at 1 p.m. James Mowat, Ft. Christian, and SPS will have a results review. All are welcome, but let Carol know so they have enough chairs.
  - b. Requesting 7 modulars from Alberta Education, 4 of which for SPS.
  - c. Up .1% in student enrollment.
  - d. Value scoping-requests for capital projects for Fort Sask.
  - e. Cell phone policy across district-coming next fall. Will include appropriate use of cell phones in classrooms and there will be a student conference (not for their opinions/vote, but to inform.)

- f. Kids bussed here from Sienna-because there is no road/sidewalk, bus fees are being paid by the government to bus the students here. Once the road is paved, this won't be funded anymore.
- 4. School Council Updates
  - a. Childcare at meetings
    - i. Carol hopes for a solution before next meeting. Parents would accept responsibility that students (gr. 7) would volunteer to watch kids.
    - ii. Parent asks if we could change the time of meeting so bedtimes aren't affected as much.
    - iii. All in attendance voted to change the time of meeting to 6 p.m. for next meeting.
  - b. Ideas
    - i. Will send out a google form with ideas so parents can choose. Carol cautioned against a December movie night as so many people are busy.
- 5. See Principal Updates (2a) above
- 6. Future agenda items
  - a. Question to Carol made by Ryan Nelson- can we rent out the school gym? He was told he couldn't
    - i. From 4-8, community members cannot rent it out as that's the block for the school's teams. After 8 p.m., they can rent out gym. They are monitoring it this year to see if this can change based on the school basketball teams.
  - b. Question made by Vanessa Gabert-will there be Junior High specific social events (i.e. Junior High dance)? Will poll the grade 7's to see what they want.
  - c. Next meeting November 21<sup>st</sup> at 6:00 p.m.