Parent/Caregiver Virtual Session

## Foundations of Connection: How to Communicate with Your Youth

Hosted by Lakeland Ridge Presented by Saffron Centre

Monday, March 21, 2022 6:00-7:30 pm

We would like to invite all EIPS parents/caregivers to join us in learning about elements of healthy relationships. We will explore the use of language in teaching children about boundaries and consent. We will also discuss healthy habits and how to recognize healthy or unhealthy behaviours in others.





