

# Shark Bites

# NEWSLETTER

SouthPointe School

## Principal's Message

What an exciting week we've had at SouthPointe! On Tuesday, 46 of our Jr. High students showcased an impressive display of athletic talent at the EIAA Track Meet—congratulations to all our participants for their hard work and sportsmanship.

Looking ahead, please remember we have early dismissal this Wednesday. And on Friday, our students in Grades 1–6 will be participating in our all-day Elementary Track and Field Day! This fun-filled outdoor event is a wonderful chance for our young athletes to demonstrate their energy, teamwork, and school spirit. Please ensure your child comes dressed for the weather, with a water bottle, hat, sunscreen, and proper running shoes. We're looking forward to a great day of activity and encouragement!

A big thank you to our wonderful parents for supporting the hot lunch program—your involvement makes a huge difference and is truly appreciated.

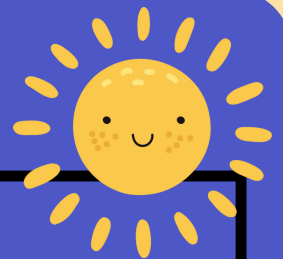
This week was also packed with enriching experiences outside the classroom. Our Grade 4 students enjoyed a fascinating field trip to Telus World of Science, while the Grade 3s had a fantastic time at the St. Albert Children's Festival on Thursday.

We wrapped up the week with a fun and nostalgic Decades Dress-Up Day, celebrating creativity and school spirit!

Thank you for your continued support and engagement. Let's keep the momentum going!

Laurie Caines, Principal

## NEXT WEEK

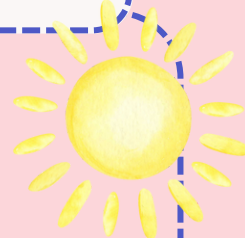


Monday (2)	
Tuesday (3)	
Wednesday (4)	Early Dimissal @ 1:46PM
Thursday (5)	Class 1H Visual Arts Studio Field Trip
Friday (6)	Elementary Track & Field Day

# June

## Coming Up this Month

June 4	Early Dismissal @ 1:46PM
June 5	Class 1H Visual Arts Studio Field Trip
June 6	Elementary Track & Field Day
June 8	Bike Rodeo @ 1:00PM-4:00PM @ Taurus Field
June 11	Grade 1-3 & M/W Kinder Hot Lunch
June 11	School Council & FASS Meeting @ 4:00PM <b>*NEW Date</b>
June 12	Grade 4-6 & T/Th Kinder Hot Lunch
June 13	Grade 7-9 Kinder Hot Lunch
June 13	Last Day to Return ALL Library Books
June 15	Father's Day
June 19	KB Salkeld Year End Celebration @ 1:00PM
June 20	First Day of Summer
June 20	Junior High Awards
June 21	National Indigenous Peoples Day
June 23	KA Henderson Year End Celebration @ 1:00PM



## School Start & End Times

*This Week*

8:10AM - School Begins

11:08AM to 11:48AM - Lunch

2:46PM - School Dismissed

(1:46PM - Early Dismissal Days)

*Please note supervision begins at 7:55AM and ends at 2:55PM*



## LOST & FOUND

**THANK YOU** so much to Rachael Walsh for helping fold, organize and display our lost & found items!

**Our lost and found bin is OVER FLOWING with jackets, hoodies, water bottles, and more!**

**We encourage YOU to stop by and take a look.**

**All unclaimed items will be donated at the end of June.**

## Note:

**June's Hot Dog Lunch is FREE for EVERYONE thanks to FASS & Community Sponsors!**

### June Hot Lunch

Grades 1-3 and Mon/Wed K	11 Jun
Grades 4-6 and Tues/Thur K	12 Jun
Grades 7-9	13 Jun





## SHARKS ATHLETICS

**Monday (2)**

**Tuesday (3)**

**Wednesday (4)**

**Thursday (5)**

**Friday (6)**



Elementary Track & Field Day

**Great job to our Jr High  
Track & Field team at the  
EIAA Track Meet!**



# Final Exam SCHEDULE

## Grade 6 PATs

## Grade 7 & 8

## Grade 9 PATs

## Common Exams

**June 12 - ELA Part B**  
**June 13 - Math Pat A**  
**June 17 - Math Part B**  
**June 18 - Social**

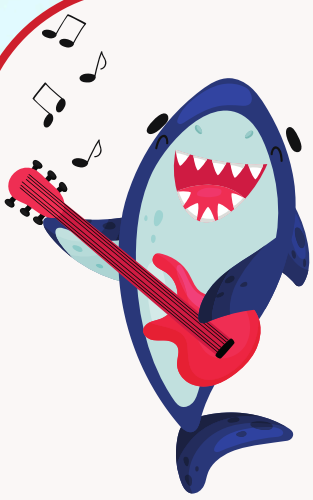
**June 17 - Math Part A**  
**June 18 - ELA Part B**  
**June 19 - Science**  
**June 23 - Social**  
**June 24 - Math Part B**

**June 12 - ELA Part B**  
**June 13 - Math Part A**  
**June 17 - Math Part B**  
**June 18 - Social**  
**June 19 - Science**

**“Success is the sum of small  
efforts, repeated day in and day  
out.” – Robert Collier**







# MUSIC

As the school year draws to a close, we want to extend our deepest gratitude to Ms. Yule for her incredible dedication and passion in organizing such a vibrant array of musical extracurriculars. From performances to practices, her leadership has brought music to life in our school community.

We're also immensely thankful to Mrs. Percy for her invaluable support with both the choir and hand chimes—her guidance has helped our young musicians shine.

And a special thank you to our talented choir pianist, Ms. Anastasija, whose accompaniment has added depth and beauty to every note sung.

Thank you all for making this year a harmonious success!



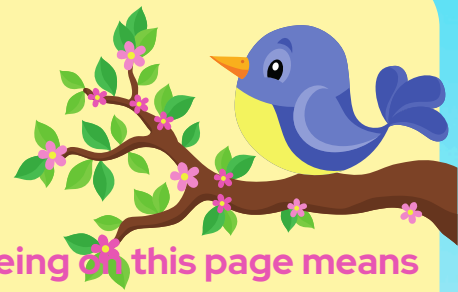
## SPS TALENT SHOW

Get ready to shine! Our annual SPS Talent Show for students in Grades 1-6 is happening this June! It's a wonderful opportunity for students to showcase their unique skills and creativity—whether it's singing, dancing, magic tricks, comedy, or something else entirely. Stay tuned! More details will be sent home and shared in upcoming newsletters.



# Counsellor's Corner...

## Become a Better Learner



You've already learned thousands of things in your life. Just being on this page means you've learned to read, handle an electronic device, and navigate the internet. But like all of us, you probably find some lessons more challenging than others. The following tips and strategies can help you become an even better learner.

### Be Enthusiastic

Think of each new learning task as a way to discover something interesting:

- Can it affect your life?
- Can you connect it to things you've learned in the past?
- Can you use the new skill or knowledge in different situations?
- How does this piece of information fit into the way the world works?

Don't be afraid to ask questions about what you're learning. When you find details that fit your interests, they'll be easier to remember.

### Use Memory Tricks

Also called mnemonic devices, memory tricks include creating rhymes, words, or images that will help you remember details.

### Set Specific Study Goals

Setting specific goals will help you become a better learner. You can base your goals on:

- The grades you want, such as 80% on an upcoming exam
- The habits you'd like to develop, such as starting each essay 10 days before it's due
- The tasks you need to complete, such as making notes on a textbook chapter before you go to bed

### Take the Time to Focus

Multitaskers were once seen as being more efficient. Research now shows that jumping from one task to another, especially as tasks become more complex, is less efficient and more likely to create mistakes.

It's the same for studying. Avoid distractions such as social media or the hockey game. Focus on one subject at a time. Take the breaks you need, but allow yourself enough time to complete a study goal.

(Courtesy of <https://alis.alberta.ca/explore-education-and-training/become-a-better-learner/>)



If you have any questions or concerns, please reach out to Mr. Frimpong any time at [kofi.frimpong@eips.ca](mailto:kofi.frimpong@eips.ca)

Click HERE for our EIPS First Nation, Metis, Inuit Newsletter

# Message from Ms. LaValley...

## (Our Mental Health Lead)

### A Note on Test Anxiety

As finals approach, it's normal for students to feel nervous—but when that nervousness turns into anxiety, it can be overwhelming. Here's a quick message for both students and the supportive adults in their lives:

#### *To our amazing SPS students:*

Test anxiety doesn't mean you didn't study enough or that you're not smart—it just means you care. A test is just one moment, not your whole story. Try this:

- Take 3 deep breaths when feeling overwhelmed—this will pass.
- Study in short chunks with breaks.
- Prioritize rest the night before.
- Revisit Mr. Frimpong's study tips from last week's newsletter.
- Try this 5-minute meditation: [YouTube link](#)



#### *To SPS families and caregivers:*

Supporting your student doesn't mean having all the answers. A simple "I'm proud of you, no matter what" goes a long way. Encourage rest, connection, and participation in review sessions. If your student seems stuck, offer gentle support and remind them help is available—from teachers, counselors, and you.

**Final reminder: This is just one step on a much bigger journey.**

**Let's all practice patience, kindness, and encouragement—one moment at a time.**

**We're cheering for you!**

**—Ms. LaValley, Mental Health Lead**



**If you have any questions or concerns, please reach out to Ms. LaValley any time at [melissa.lavalley@eips.ca](mailto:melissa.lavalley@eips.ca)**





# What's Happening AROUND SOUTHPOINTE...

## COMING UP for JR HIGHS...

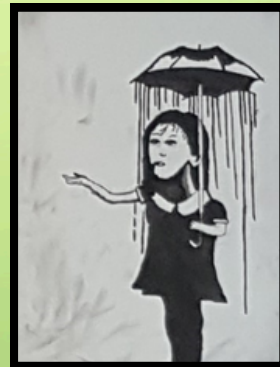
Mark your calendars! Our Junior High Awards will take place on the afternoon of June 20. It's a special time to celebrate the hard work, achievements, and school spirit of our amazing students. Stay tuned-more details coming soon!

**GET READY TO MAKE A  
SPLASH!**

**Our Grade 9 Farewell is happening at West Edmonton Mall Waterpark on June 24! After a student vote, the results are in-and WEM Waterpark was the clear favorite. It's sure to be a day full of waves, laughter, and unforgettable memories as we celebrate the end of junior high in the most exciting way possible!.**

## BANKSY

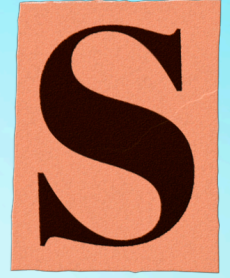
### Graphic Art 9



Our talented Graphic Arts 9 students took inspiration from the famous street artist Banksy to create bold, thought-provoking pieces that explore social themes and creative expression. Well done Ms. Louma's class!



# What's Happening AROUND SOUTHPOINTE...



## SYNC Brings Generations Together Through Creativity

This month, our SYNC (Seniors and Youth Networking Communities) program brought smiles all around as students and seniors came together to create, play, and color! From shared stories to collaborative art, it was a heartwarming day of connection, creativity, and community across generations.



# FASS/School Council Info

## Join Us For Our Last School Council/FASS Meeting of the Year on June 11th!

As we wrap up another fantastic school year, we invite all families to attend our last School Council/FASS meeting! It's a great opportunity to celebrate what we've accomplished, share your thoughts, and help shape plans for the year ahead.

Your voice matters—let's finish the year strong, together!



**Mark your calendars! Our next School Council Meeting is June 11<sup>th</sup> at 4:00PM in the Large Flex Space.**



# LAST HOT LUNCH

We're excited to share that June's Hot Lunch will be FREE for all students, thanks to the generous support of our sponsors and wonderful community!

Each student will receive one hot dog, a bag of chips, and a juice box.

*There will be a limited number of gluten-free hot dogs and buns available as well.*

Thank you to everyone who helped make this special treat possible!

We need volunteers to help serve our Hot Lunch on June 11, 12 and 13. Please email [spschoolhotlunch@gmail.com](mailto:spschoolhotlunch@gmail.com).

**REMINDER:**  
Please still send  
**SNACKS** on Hot  
Lunch Day



# Community News

**BRING  
YOUR BIKE,  
YOUR HELMET,  
AND A PARENT!**

June 8, 2025  
1:00 pm – 4:00 pm  
Taurus Field  
Parking Lot



Join us for a  
wheelie good time at  
**BIKE RODEO**  
and learn how to  
**ride safe!**

Check out important bike  
safety tips and demos, then  
show what you've learned  
on the Skills Course!



- ▶ Free Hot Dog Lunch!
- ▶ Helmet Giveaways!
- ▶ Fire Truck, Peace Officer,  
and RCMP Vehicle Tours!

Sponsored by





**VISION  
ZERO**  
FORT SASK





CITY OF  
FORT SASKATCHEWAN

Hosted by our awesome Fort Sask  
Municipal Enforcement and RCMP teams



Bring your gently-used sports gear and bikes (ages 4-17)  
to donate to Sport Central and help kids get in the game!



## DID YOU KNOW?

Each school has a School Education Plan on its website. Annually, these plans are updated for the next school year to reflect schools' goals, strategies and measures—all based on priorities found in the EIPS Four-Year Education Plan. School administration update their plans after reviewing school-specific results from the EIPS Annual Feedback Survey and consulting with staff, families and school councils in April. A School Education Plan helps a school community focus on what's most important in its own specific context from year to year. To view your child's School Education Plan, visit your school's website and find the relevant home page block.